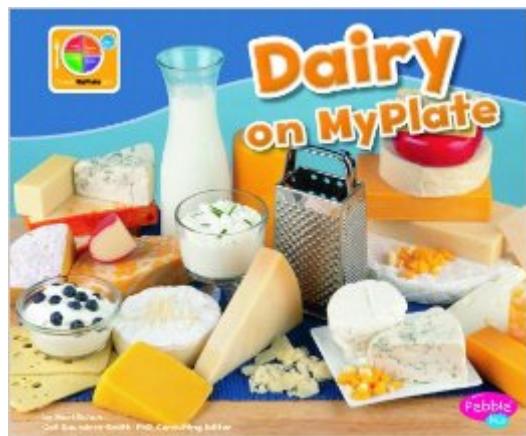


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# Dairy On MyPlate (What's On MyPlate?)



## Synopsis

Dairy foods are smooth, creamy, and healthy. Learn about how MyPlate helps kids make great food choices every day, including dairy!

## Book Information

Lexile Measure: 570L (What's this?)

Series: What's on MyPlate?

Paperback: 24 pages

Publisher: Capstone Press (August 1, 2012)

Language: English

ISBN-10: 1429694106

ISBN-13: 978-1429694100

Product Dimensions: 0.2 x 10.8 x 8.8 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ  See all reviewsÂ  (1 customer review)

Best Sellers Rank: #427,289 in Books (See Top 100 in Books) #121 inÂ  Books > Children's Books > Growing Up & Facts of Life > Health > Diet & Nutrition #326 inÂ  Books > Children's Books > Children's Cookbooks #534 inÂ  Books > Children's Books > Growing Up & Facts of Life > Health > Diseases

Age Range: 4 - 8 years

Grade Level: Kindergarten - 1

## Customer Reviews

Great book for my students.

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Vegan Kitchen: More Than 225 Meat-free, Egg-free, Dairy-free Dishes from the Culinary Regions of China How To Make Kefir: The Complete Guide On How To Ferment and Make Your Own Kefir Milk: Enjoy This Probiotic Drink With Dairy-Free and Alternative Milk Options and Kefir Recipes Healthy Super Shakes and Smoothies: 25 Sugar Free Dairy Free Shakes and Smoothies Recipes (Here's the DEAL - Healthy Weight Loss and Fat Burning Book 3) The Allergy-Free Pantry: Make Your Own Staples, Snacks, and More Without Wheat, Gluten, Dairy, Eggs, Soy or Nuts Vegan: Ice Cream Vegan Recipes: A Delicious Escape for Beginner Raw Vegans and Vegetarians (Soul Satisfying Low Fat, Gluten Free, Dairy-Free, Smoothie ... Recipe Cookbook for Healthy Weight Loss 1) Crockpot Recipes: 30 Delicious, Dairy & Gluten Free, Low Carb Recipes For Busy People (Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, Gluten Free ... Cooker Recipes, Low Carb Cookbook Book 1) My Yonanas Frozen Treat Maker Recipe Book: 101 Delicious Healthy, Vegetarian, Dairy & Gluten-Free, Soft Serve Fruit Desserts For Your Elite or Deluxe Machine (Frozen Desserts & Soft Serve Makers) Vegan: High Protein Cookbook: 50 Delicious High Protein Vegan Recipes (Dairy Free, Gluten Free, Low Cholesterol, Vegan Diet, Vegan for Weight loss, vegetarian, vegan bodybuilding, Cast Iron,) Vegan: Vegan Budget Cookbook: 33 Delicious Low-Cost Vegan Recipes, Quick and Easy to Make (Vegan Diet, Dairy Free, Gluten Free, Slow Cooker, Vegan bodybuilding, Vegan weight loss, Cast Iron) International Paleo Weight Loss Diet Recipes: 59 Delicious Paleo Perfect, Gluten-Free, Low Carb, Dairy-Free Recipes For You And Your Friends And Family Caribbean Vegan: Meat-Free, Egg-Free, Dairy-Free, Authentic Island Cuisine for Every Occasion The Extra Virgin Kitchen - The No.1 Bestseller: Everyday Healthy Recipes Free From Wheat, Dairy and Refined Sugar

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